

International Master of Lifelong Learning in Adlerian Counseling Ramon Llull University

Study plan and calendar

year	semester	Module	subject	teacher	credits ECTS	time frame	
		1. Adlerian theory	1.1. Basic concepts of Adlerian Psychology	Vera Todorova	10	October 15th-December 15th 2026	
			1.2. Introduction to Adlerian counseling	Ursula Oberst	3	March 2027	
			1.3. Psychopathology	Adults Jon Sperry	1	April-May 2027	
				Children Hannah Hlavacek	1		
			1.4. Master class (see Intervention I)	N.N.	1	one session of 2 hours at the end of the term	
			Total module		16		
1	2	2. Counseling competencies					
			2.1. The helping relationship	Victoria Armet	2	January-February 2027	
			2.2. Counseling skills	Ursula Oberst	3		
			Total module		5		
1	1+2	Intervention I (practical training)	The aim of this module is training in Adlerian counseling and therapy through peer counseling (students work with each other on their own issues, being alternatively in the role of client or counselor (the details /subjects of this module can vary)				
			Presentation of the programme and teaching staff; explanation of the university online learning platform to the students (SCALA)	Ursula Oberst and teaching staff (Vera Todorova)	0,75	Sunday october 18 th 2026	
			Pillars of the first interview: intake, referral, setting, construction of the problem	UO	0,25	Wednesday october 28th 2026	
			Life style and early recollections (I)	UO	0,75	Sunday november 15th 2026	
			Introduction to counseling skills (refers to asynchronous module)	UO	0,25	Wednesday november 11th 2026	
			Adlerian counseling and therapy	ML	0,75	Sunday november 29th 2026	

			The helping relationship (introduction to asynchronous subject)	Victoria Armet	0,25	Wednesday December 2nd 2026
			Adlerian counseling and therapy	ML	0,75	Sunday December 13th 2026
			ERs/counseling skills	UO	0,25	Wednesday December 16th 2026
			Adlerian counseling and therapy	ML	0,75	Sunday January 10th 2027
			Master class	N.N.	0,25	Wednesday January 13th 2027
			Adlerian counseling and therapy	Mia Levitt Ursula Oberst		In-person Weekend in Barcelona January 22-24th 2027
			Adlerian counseling and therapy	ML	0,75	Sunday February, 21st 2027
			Counseling diversity	Bruce Tate	0,25	Wednesday March 3rd 2027
			Adlerian counseling and therapy	ML	0,75	Sunday March 14th 2027
			Counseling diversity	BT	0,25	Wednesday March 17th 2027
			Life style and early recollections (II)	BT	0,75	Sunday April 4th 2027
			Adlerian counseling and therapy	UO	0,25	Wednesday May 5th 2027
			Introduction to Master's Thesis work (TFM)	UO	0,25	Wednesday June 2nd 2027
			Total module		10	
			Total credits year 1		31	
2	1	3. Adlerian Psychology in context				
			3.1. Adlerian Psychology and other therapy approaches	Vera Todorova	2	october 15th-december 15th 2027
			3.2. Ethics in counseling and therapy	Bruce Tate	1	January 15- February 28th 2028
			3.3. Master class	N.N. (special invitation)	1	one session of 2 hours at the end of the term
			Total module		4	
2	1+2	Intervention II	The aim of this module is training in Adlerian counseling and therapy through peer counseling (students work with each other on their own issues, being alternatively in the role of client or counselor (the details /subjects of this module can vary)			Sundays: 10-13 h and 15-18 h (CET) (6 hours) Wednesdays: 19:30-21:30 CET (2 hours)
			Introduction to the 2nd year (presentation of subjects and teaching staff) Students' proposals for their Master's thesis	UO and teaching staff/tutors (Karen, Vera, Susan, Victoria)	0,75	Sunday October 17th 2027
			Counseling in education	Christelle Schläpfer (CS)	0,25	Wednesday October 27th 2027
			Counseling in Education	CS	0,75	Sunday November ,7th 2027
			Counseling in Education	CS	0,25	Wednesday November 17th 2027
			Counseling in Education	CS	0,75	Sunday November 28th 2027

			Ethics for counselors	BT	0,25	Wednesday December, 15th 2027
			Adlerian counseling and therapy	Mia Levitt Ursula Oberst		Face-to-face Weekend in Barcelona January 14-16th 2028
			follow-up of Master's theses	UO and tutors (Karen, Vera, Susan, Victoria if needed)		Sunday February 6th 2028
			IP in the workplace	Susan Frekko	0,25	Wednesday February 9th 2028
			Adlerian counseling and therapy	ML	0,75	Sunday March 12th 2028
			Couple counseling	UO	0,25	Wednesday March 15th 2028
			Couple counseling	UO	0,75	Sunday March 26 th 2028
			Couple counseling	UO	0,25	Wednesday April 5th 2028
			Adlerian counseling and therapy	ML	0,75	Sunday April 30th 2028
			Adlerian counseling and therapy	ML	0,25	Wednesday May 10 th 2028
			Thesis presentation	UO/tutors (Karen, Vera, Susan, victoria)	0,75	Sunday May 28th 2028
			MASTER CLASS	N.N.	0,25	Wednesday May 31st 2028
			Closure	UO/all	0,25	Wednesday June 14 th 2028
			Total module		10	
2	1+2	6.	Supervisión			
			6.1. Individual supervision of three cases Students have to work with 3 cases (clients), undergo supervision for them and write reports	N.N.	6	online meeting with supervisor October 2027-June 2028
			Total module		6	
2	1+2	7.	Master's thesis writing			
			7.1. Master's thesis tutoring Each student is assigned a tutor; tutor/student ratio is currently 8 students per tutor, but can vary. Tutors must have an M.A. or PhD in Psychology or Education	Ursula Oberst, Susan Frekko, Karen John, Vera Todorova	9	9 months online (individual meetings online with tutor) October 2027-June 2028
			Total module		9	
			Total credits year 2		29	
			Total máster		60	

Green: classes are face-to-face or online synchronously (via meet, zoom, etc.) at fixed dates and hours

Yellow: subject is fully online (asynchronously); teacher uploads the material and assignment on the SCALA online platform and students work in their own time, but the teacher sets a deadline for turning in their work

Red: Face-to-face weekend

Teaching staff:

UO= Ursula Oberst, ML = Mia Levitt, CS= Christelle Schläpfer, VA = Victoria Armet, BT= Bruce Tate, VT= Vera Todorova

ECTS: European Credit Transfer System.

1 credit = 25 hours work for the student, 8 hours work for the teacher. Meaning that for one credit, in the face-to-face condition, the teacher teaches 8 hours and gets paid $8 \times 85 = 680$ euros.

In the online condition, for 1 ECTS, the teacher gets paid $8 \times 85 = 680$ euros for supposedly investing 8 hours in order to set up and correct the assignment of the students. The simplest version would be the teacher would search and put together reading material, videos, etc. and uploads it on the online learning platform together with an instruction for the students of what they are supposed to do, e.g. write an essay. The workload for the student should be approx. 25 hours for 1 credit.